

HENDERSON COUNTY

4-H NEWSLETTER

May 2025 Edition

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HENDERSON COUNTY,
KENTUCKY 4-H



**Cooperative
Extension Service**

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.



Disabilities
accommodated
with prior notification.



**WEST KY
CLOVERBUD CAMP**

JUNE 20-22, 2025

Dawson Springs, KY

- Youth must be accompanied by an adult
- Adults must complete the Volunteer Background Check paperwork
- Camp paperwork & forms can be found on warrencountyextension.com/cloverbud-camp-sign-up

EVENTS

Ag, Canoeing, Cooking, Crafts, Fishing, Low Ropes, Nature, Recreation, Swimming

ONCE UPON A CAMP

\$170: YOUTH 5-8
\$160: ADULTS 16+

Deadline to sign up: May 9th

For more information or questions about Cloverbud Camp please call 826-8387 or email allie.brasher@uky.edu



Bullseye Brigade 2025

BULLSEYE BEGINNINGS & FELLOWSHIP

On **Sunday, May 4th** from **4-6 PM** your leaders will be hosting the Bullseye Beginnings & Fellowship event!

The fun will include:

- *Equipment inspections in each discipline
- *Demonstrations on how to use Remind, Sign Up Genius, & Facebook group
- *Collection of the 24-25 Program Year dues (\$50)
- *Shirt orders
- *Q&A opportunities with discipline coaches & coordinator

05

MAY

/25

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4 Bullseye Brigade Beginnings and Fellowship 4 PM	5	6	7	8	9 Riverside Riders 6:30 Expo	10
11	12	13 Cooking Club 4 PM Expo Herdsman Business 6 PM Expo	14	15 Country Ham 5:30 Expo Riverside Riders 6:30 Expo	16	17
18	19	20 State Fair Projects 4 PM Expo Cloverbuds 5 PM Expo	21	22	23	24
25	26 Extension Office Closed	27	28	29 Babysitting Clinic 8:30-4 *Registration Required	30 Babysitting Clinic 8:30-2 *Registration Required Riverside Riders 6:30 Expo	31

*Remember to call and sign up for Cooking, State Fair Projects, and
Cloverbuds each month



Advance Teen Leadership Academy completed their community service event at the Daniel Pitino Shelter in Owensboro.

Henderson Needs attended a Hockey Game and Leadership night in Nashville, TN.

Cooking Club competed in cupcake wars!

Mrs. Christi has been visiting 4th grade classrooms and doing chick incubation and animal life cycles.





2025 Henderson County Fair Week



Sunday:

July 27 at 1:30pm set up for fair week (This is required for every kid showing to be there to help)

Monday:

July 28 Rabbit Show 3-5pm check in and 6pm show

Tuesday:

July 29 Dairy Goat Show 3-5pm check in and 6pm show

Wednesday:

July 30 Poultry Show 7-8am check in and 9am show

Family fun night will start in the Beck Pavilion at 6pm

Costume contest, obstacle course race, straw bale throwing, watermelon eating contest, etc.

(All classes will be divided by age)

Thursday:

July 31 Sheep Breeding and Market Classes followed by Market and Breeding Goat Show

3-5pm check for both species and 6pm sheep show will start

Friday:

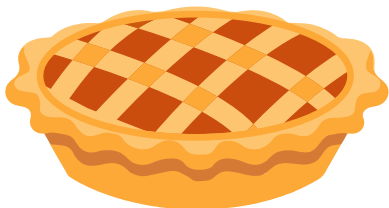
August 1 Cattle Show 3-5pm check in and 6pm show will start

Saturday:

August 2 Swine Show 7-8am check in and show will begin at 9am and Scholarship Auction at 6pm

*All kids will have to be back with their 2 auction animals by 5pm!

Drop off for fair exhibits on July 21, 2025, from 10am-5pm at the Henderson County Extension Education and Expo Building.





HENDERSON COUNTY 4-H DAY CAMPS



College of Agriculture,
Food and Environment
Cooperative Extension Service

Henderson County Extension Office is located at 3341 Zion Rd, Henderson, KY.

All Day Camps, except Cloverbud Day Camp and Advanced Cooking Day Camp, are for youth ages 9-18.

Sign ups begin May 5th!

You must pay the non-refundable day camp cost and have a 4-H enrollment form in by May 23rd.



International Cooking Day Camp (Advanced)

When: June 3rd, 9:00am-2:00pm

Where: Henderson County Extension Office

Cost: \$10 (lunch included)

Join us for a one day cooking day camp for youth currently in grades in 7th-12th!

International Cooking Day Camp (Beginner)

When: June 4th, 9am - 2:00pm

Where: Henderson County Extension Office

Cost: \$10 (lunch Included)

Join us for a one day cooking camp for youth ages 9 and up!



Cloverbud Day Camp

When: June 18th, 8:30am - 12:00pm

Where: Henderson County Extension Office

Cost: \$5

Join us for a day of fun with Cloverbud aged kids
(youth ages 5-8) as we do a variety of activities!

Natural Resource Day Camp

When: June 6th, 9:00am - 2:00pm

Where: Audubon State Park

Cost: \$10 (lunch Included)

Join us for this day camp all about nature!



Fair Project Teen Day Camp

When: July 14th, 9am - 4pm

Where: Henderson County Extension Office

Cost: \$10 (lunch Included)

Join us as we make projects that align with the 4-H division of the Henderson County 4-H Fair Book!

Fair Project Day Camp

When: July 15th and July 16th 9:00am - 2:30pm

Where: Henderson County Extension Office

Cost: \$20 (lunch Included)

Join us as we make projects that align with the 4-H division of the
Henderson County 4-H Fair Book!



For more information/dates on these day camps please contact either Allie Brasher
(allie.brasher@uky.edu) OR call the Henderson County Extension Office (270) 826-8387.

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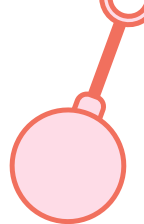
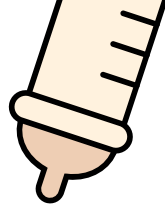
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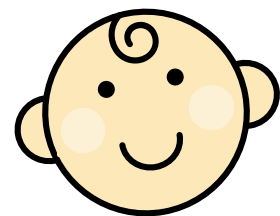
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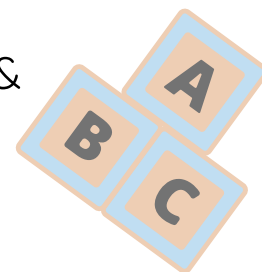


Henderson County 4-H Babysitting Clinic

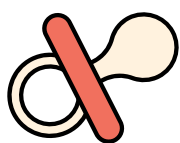


Who: Ages 13 years old -18 years old
(must be going into 7th grade fall of 2025)

When: Thursday, May 29th, 8:30am-4:00pm &
Friday, May 30th, 8:30am-2:00pm.



Cost: \$45 (must be paid by May 19th)

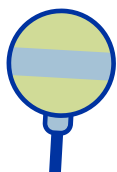
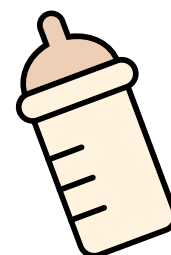
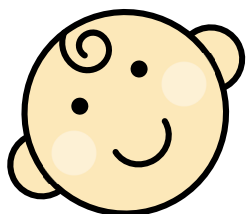


What: Learn more about babysitting responsibilities, child development, developmentally appropriate play and guidance, safety and health practices, and business management.



CPR, First Aid Certification, backpack with supplies, and lunch will be provided.

For more information or to sign up please contact us
at (270) 826-8387 or stop by our office at
3341 Zion Rd Henderson, Ky



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Lexington, KY 40506



Frozen Fruit Cups

Servings: 18 Serving Size: 1 muffin cup



Ingredients:

- 1 (3 ounce) package lemon gelatin
- 2 cups boiling water
- 1 (20 ounce) can unsweetened pineapple tidbits, undrained
- 1 (10.5 ounce) can mandarin oranges, drained
- 1 (6 ounce can) frozen orange juice concentrate, partially thawed
- 1 large, firm banana, sliced

Directions:

1. In a large bowl, dissolve gelatin in boiling water; cool for 10 minutes. Stir in the remaining ingredients.
2. Spoon into foil cups. Freeze until firm.
3. Remove from freezer 30 minutes before serving.

Make it a Meal

- Corned beef
- Boiled potatoes
- Steamed broccoli
- Frozen Fruit Cups
- Irish soda bread
- Low-fat milk

Source: Recipe provided courtesy of Taste of Home magazine. Find more great recipes at www.tasteofhome.com.

Tips

- Make the most of your choices. Use whole or cut-up fruit, rather than juice, to get the benefits of dietary fiber.
- Try making these treats with other kinds of fruits and other kinds of juices!

Nutrition facts per serving: 60 calories; 0 g total fat; 0 g saturated fat; 0 g trans fat; 0 mg cholesterol; 135 mg sodium; 9 g carbohydrate; 1 g fiber; 8 g sugar; 3 g protein; 4% Daily Value of vitamin A; 30% Daily Value vitamin C

Henderson County
3341 Zion Road
Henderson KY 42420

RETURN SERVICE REQUESTED



Allie Brasher

Allie Brasher,
4-H Youth Development Agent

Christina Johnson

Christi Johnson,
4-H Youth Development Program
Assistant

Brianna Hill

Brianna Hill,
4-H Youth Development Agent