HENDERSON COUNTY 4-H NEWSLETTER
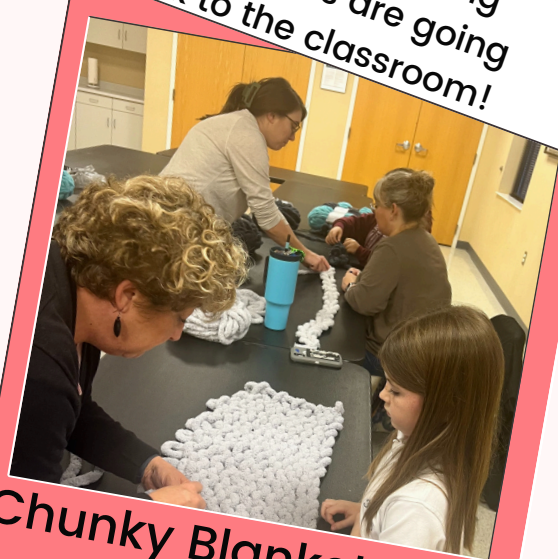
February 2024 Edition

Inside this Edition

Madagascar Hissing Cockroaches are going back to the classroom!

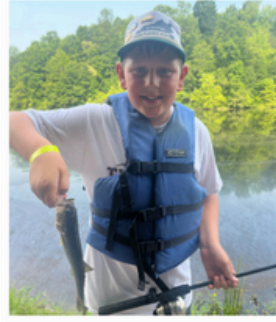Cooking Class 1-9

Chunky Blanket Class 1-24

College of Agriculture, Food and Environment Cooperative Extension Service

4-H Camp

JUNE 25-28

18 U.S.C. 707

COST: $105

AGES: 9-15

Activities include: Zip-Lining, Canoeing/Kayaking, Swimming, Archery, Riflery, Agriculture, Nature, Low Ropes, crafts, sports, Gaga Ball, Hammock-ing, indoor/outdoor cooking, recreation, hair braiding, fishing, and more!

4-H Camp sign-ups will begin March 15 at 7am!

Spots are limited!! We need male and female volunteers (16+) to attend!

Registration will not be accepted earlier than March 15, 2024*

This is an overnight camp located in Dawson Springs, KY. We will take a bus from the Henderson County Extension Office, leaving Tuesday morning and returning Friday afternoon

Volunteers (teens (15-17) and adults) attending 4-H Camp may sign up and turn their paperwork in prior to camper registration sign up date.

For more information or to sign up please stop by the Henderson County Extension Office located at 3341 Zion Rd in Henderson, KY, call 826-8387, or email Allie.Brasher@uky.edu

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

LEXINGTON, KY 40546

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Disabilities accommodated with prior notification.

Outdoor Adventure Club!

Grades 6-12
Learn to:
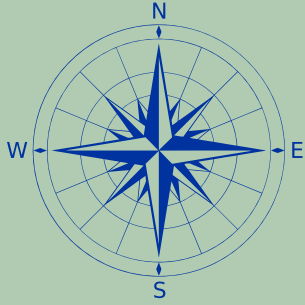Have confidence in the woods
Outdoor skills
Basic 1st Aid

Next meeting Feb 26th @5:30PM

Martin-Gatton
UK College of Agriculture, Food and Environment

HENDERSON COUNTY 4H
POCKET PETS

WANT TO BE IN 4H, BUT DON'T WANT TO SHOW A BIG ANIMAL?? JOIN OUR POCKET PET CLUB!

CONTACT HENDERSON COUNTY EXTENSION OFFICE 270-826-8387

EXAMLES: GUINEA PIGS, HAMSTERS, GERBILS, REPTILES, AMPHIBIANS, ARACHNIDS

HENDERSON COUNTY 4-H BULLSEYE BRIGADE PRESENTS:

Pancake Breakfast
with the Easter Bunny &
Chris Cakes

Chris Cakes
Pancake Catering for all occasions

WHEN: MARCH 16, 8:30AM-10:30AM
WHERE: NORTH MIDDLE SCHOOL
1707 SECOND ST, HENDERSON, KY

COST: TICKETS ARE $10 AND INCLUDE:
UNLIMITED PANCAKES AND SAUSAGE, PICTURES WITH
THE EASTER BUNNY, AND A PANCAKE FLIPPING SHOW!

For more Information or to buy tickets call (270) 826-8387 or stop by the Henderson County Extension Office at 3341 Zion Rd.

BBQ VENISON MEATBALLS

Ingredients:
Meatballs

- 1 pound ground venison (may substitute elk or beef)
- ½ cup 2% milk
- ¾ cup rolled oats
- ½ cup minced fresh onion
- ¼ teaspoon salt
- ¼ teaspoon black pepper

Sauce

- *1 cup ketchup
- *½ cup water
- *½ cup grated onion
- *2 tablespoons vinegar
- *¼ cup brown sugar
- *¼ teaspoon black pepper

Recipes courtesy of University of Kentucky NEP Plan, Eat, Move

Directions:

1. Combine venison, milk, oats, onion, salt, and pepper in a large bowl.
2. Use a sturdy spoon or clean hands to mix well. Shape meat mixture into 12 1-inch balls, and place in a shallow 9-by-13-inch baking pan.
3. *Combine all the sauce ingredients in a bowl and stir well. Pour sauce over meatballs.
4. Bake uncovered at 350 degrees F for 1 hour, turning over twice.

Source: Adapted from: "Fish & Game Cookbook" Bonnie Scott. 2013.

University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

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Henderson KY 42420

RETURN SERVICE REQUESTED

Allie Brasher,
4-H Youth Development Agent

Christi Johnson,
4-H Youth Development Program
Assistant

Brianna Hill,
4-H Youth Development Agent